

City and County of Denver



## Personnel

*Career Service  
Authority*

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Darrell L. Artis  
Director, Employee Development & Training  
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To Whom It Concerns:

Rachel Rolfes' performance in the conduct of her Stressercise seminar is outstanding. She is a gifted individual who possesses a superior presentation style. Rachel gives an audience the knowledge and substance to develop coping strategies for the stress that we all face on a personal and professional basis.

Rachel's seminar graded out in the top one percent of the courses we offered to over 6300 people in 1995. I highly recommend that you afford your organization the opportunity to benefit from Rachel's vast knowledge and experience.

A handwritten signature in cursive script, reading "Darrell L. Artis".

Darrell L. Artis

