

## 2020 LIFE JumpStart Package

In Today's instant global world, Rachel Rolfes sees it differently.

She has spent many years in the corporate world easing workplace stress. She has more recently turned her focus to coming alongside her private clients. Her favorite area of personal coaching continues to drive her attention. She delights in designing personalized **LIFE JumpStart Packages** for her clients that both...work and last.

Her packages offer: a private, quiet place, a present engaged coach to boost you to your best. Set with useful plan-tools to permanently put **YOUR 2020 LIFE JumpStart** Plan in place.

The sessions offer a quiet, safe world, to progress, overcome & succeed in, mixed with attainable challenges, focused growth & powerful, "fought for" results you earn and excitedly celebrate!

"Rachel's personally designed programs offer an eye-opening reflective path through your joys & your setbacks first dipping back & then bouncing forward...Stunning, stronger, wiser and more focused, healthier and more balanced with a glowing unexplainable joy in your heart & step. One those near will notice. Excitingly, most importantly, those close to you will celebrate...WITH you."

Your powerful **LIFE JumpStart takeaway** is a proven personalized wellness plan - designed just for YOU!

*"Two roads diverged in a wood, and I –  
I took the one less traveled by,  
And that has made all the difference."*

~ Robert Frost